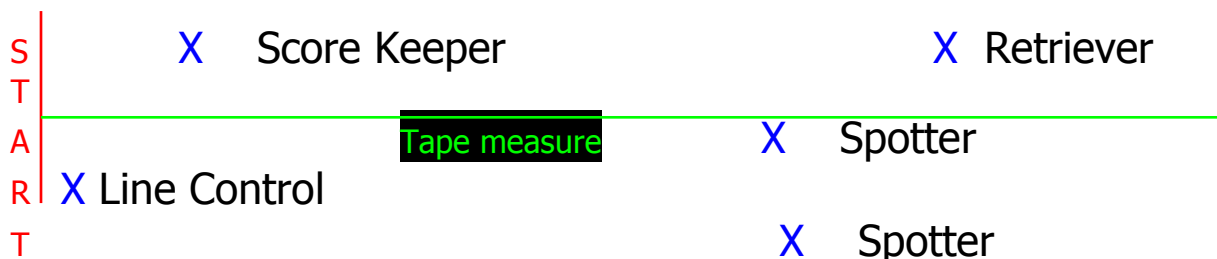


THROW-IN

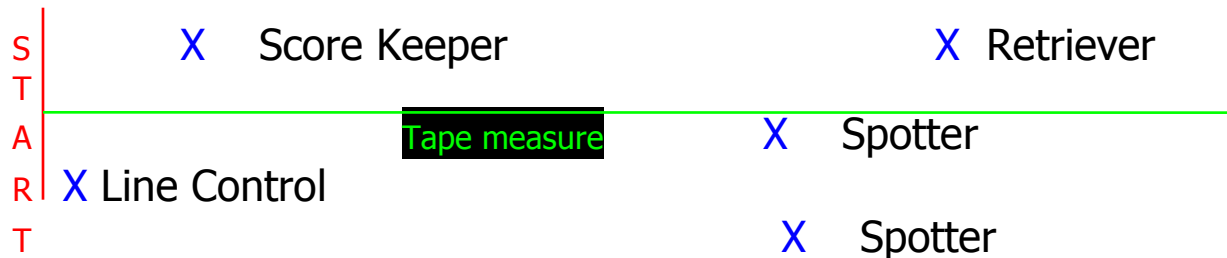
Layout:



1. **One attempt** to throw must be made from behind the boundary line. Throw must be made with both hands directly over the thrower's head, and with both feet on the ground (in accordance with official soccer rules). One point will be awarded for each foot the ball travels on the fly, minus one point for each foot the ball lands to the left or right of the center tape. (Score will be recorded up to nearest 1/2 foot).
2. Scores are based on both distance and accuracy. Example: If a contestant throws the ball 30 feet, but their ball lands 15 feet to the left of the measuring tape, their final score would be $30 - 15 = 15$ feet. Scores will be rounded to the foot (ex. 10' 4" would be 10' & 10' 5" would be 11'). No participant will receive a negative score; instead their score will be "0". The distance is marked where the ball strikes the ground first and does not include the bounces and rolls.

DISTANCE KICK

Layout:



1. **One attempt** will be made to kick the ball. The ball must be placed on the ground on or behind the starting line. The contestant can choose exactly where on or behind the line he/she would like to place the ball.
2. Boys and girls **8 & under may choose to "punt" the ball** rather than kick the ball off the ground. A "punt" is when the ball is dropped from the hands and kicked before it strikes the ground.
3. Scores are based on both distance and accuracy. Example: If a contestant kicks the ball 47 feet, but their ball lands 17 feet to the left of the measuring tape, their final score would be $47 - 17 = 30$ feet. Scores will be rounded to the foot (ex. 30' 4" would be 30' & 30' 5" would be 31'). No participant will receive a negative score, instead their score will be "0". The distance is marked where the ball strikes the ground first and does not include the bounces and rolls.

DRIBBLING

Layout:

S
T
A
R
T

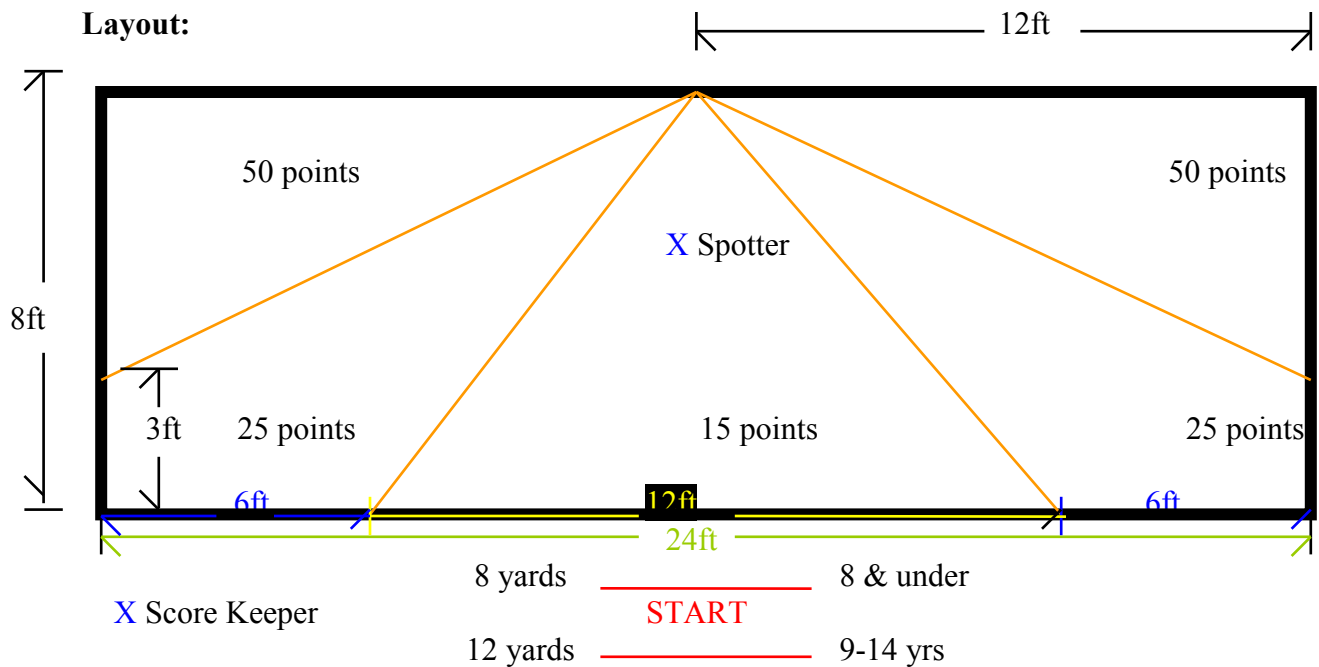
● ● ● ● ● Line for 8 year olds & under

X Line Control
X Score Keeper

● ● ● ● ● ● ● ● ● ● Line for 9-14 year olds

1. Cones are placed at two-yard intervals starting 2 yards from the starting line. Use **five cones for 8 year olds and under** and **ten cones for 9 year olds and older**.
2. Contestants must dribble the ball with their feet, weaving between the cones, circling the last cone and returning to the starting line in the same weaving manner.
3. Each contestant will start with 60 points (seconds). A point will be deducted from the score for every second it takes to complete the course. Clock stops when ball & player cross start/finish line. Please record actual time (scorer will calculate points).

GOAL SHOOTING



1. **Two shots** will be taken from the Start (Penalty) Line from **8 yards for 8 year olds and under** and **12 yards for 9 year olds and above**. The better of the two shots will count.
2. Points:
 - 0 Entire goal is missed
 - 10 Ball hits rope without entering the goal
 - 15 Center scoring area
 - 25 Lower Corner scoring area
 - 50 Upper corner scoring area

AGE GROUPS

Year Born	2010 Age Group
2004 or Later	6 & Under
2002 or 2003	7 & 8
2000 or 2001	9 & 10
1998 or 1999	11 & 12
1997 or 1996	13 & 14